



# P.I.D.T.

## Pacific Institute of Defensive Tactics

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4626 Soquel Drive • Soquel • CA 95073  
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### Defensive Tactics Instructor (Arrest & Control)

**Course Goal:** Provide students with the knowledge and technical skills to teach Defensive Tactics including the Perishable Skills of Arrest & Control (with Optional Topics: Weapon Retention, Weapon Take Away and Carotid Control Hold) and Tactical Communications within the law enforcement agency and police academy.

**Dates:** March 12, 23, 2018 10-day course: Monday – Friday, each week.

**Hours:** 80 hours: 0800-1700 hours daily.

**Tuition:** \$1,075.

**Certification: 1173-21635-17-002**  
**P.O.S.T. Certified, Plan II, Travel & Per Diem, Backfill Reimbursement**

**P.O.S.T. Control #:**

**Special Equipment:** Leather gear. Handcuffs and key. Gym clothes. Note taking materials.  
Red-Handle (such as ASP) handgun and a Red-Handle long-gun (if available)

**Materials Provided:** “Law EnFORCEment, Reasonable Force Options” “Instructor’s Handbook”  
“Defensive Tactics Instructor Video”

**Audience:** Sworn Peace Officers and retired Peace Officers who are or will be teaching defensive tactics and/or arrest & control within a law enforcement agency, community college or police academy.

**Instructors:** Lead instructor is Rod Sanford, P.I.D.T. Director. Assistant instructors are all certified Defensive Tactics and Arrest & Control instructors with experience teaching Defensive Tactics Instructor and Instructor Refresher courses.

## **Defensive Tactics Instructor (Arrest & Control)**

### **COURSE OBJECTIVES**

Under the supervision of an instructor the student will:

- I. Demonstrate an understanding of the legal issues, liabilities, practices and philosophy of use of force as outlined in Learning Domain 20 of the P.O.S.T. Basic Course.
- II. Demonstrate an understanding of the principles and concepts of Arrest & Control as outlined in Learning Domain 33 of the P.O.S.T. Basic Course. This is to include: hazards in approaching suspects, positioning, contact and cover, tactical decision making, tactical communications, principles of person searches and restraint devices, prisoner transportation, carotid control hold, baton tactics, vulnerable areas of the body and personal weapons, officer performance in close combat situations and integration of force options.
- III. Demonstrate an understanding of course development, class planning, instructional techniques and methodology, instructor liability and record keeping for the defensive tactics program.
- IV. Demonstrate proficiency in the physical techniques of defensive tactics to include: Stance, positioning, footwork and movement, roll and recovery, control holds, take downs, searching and handcuffing techniques including: cursory, standing, kneeling and prone searching and handcuffing techniques as well as finding weapons and dealing with resistance during these, and controlling handcuffed prisoners. Application of the carotid control hold, take downs leading to the carotid control hold and handcuffing techniques following the application of the hold. Gun retention, weapon take-away and an introduction to basic weaponless defense.
- V. Demonstrate the ability to develop a basic lesson plan on an assigned subject in defensive tactics.
- VI. Demonstrate the ability to teach an assigned block of instruction in defensive tactics to other class participants.